

Pregnancy Resource Centers

Are you **pregnant**, **overwhelmed**, and not sure what to do? Your situation may feel impossible to deal with, but **you are not alone**, and there is **hope** for you and your baby.

Non-judgmental, compassionate help is only a phone call away. All services are **free**.

Birthright Counseling, St. Louis - Pregnancy tests, individualized counseling, practical assistance, financial help, education, and compassionate long-term emotional support (314.962.5000).

Thrive St. Louis - Pregnancy testing and ultrasounds (314.894.9800).

Coalition for Life St. Louis - Individualized support for pregnant women through Women's Care Connect (636.789.1320).

Defenders of the Unborn - Helps moms in crisis pregnancies with a variety of material needs (314.346.9052).

Society of St. Vincent de Paul - Food, financial assistance, and vouchers for pregnant moms and their families (314.881.6000).

Pregnancy Resource Shelter and Housing Services:

Our Lady's Inn - Shelter and long-term support for pregnant women and their children (314.351.4590).

Good Shepherd Children & Family Services - Transitional housing and services for pregnant teens and young adults (314.854.5700).

St. Martha's Hall - Shelter for pregnant mothers and their children experiencing domestic violence (314.533.1313).

Queen of Peace Center - Shelter, drug rehabilitation, and treatment for pregnant women and their children (314.531.0511).

Marygrove - Housing and services for pregnant teens and young adults (314.830.6201).

Haven of Grace - Provides shelter, education, and long-term support for pregnant homeless women (314.621.6507).

